

Cellulose nanocrystal (CNC) reinforced bio-composite coating for perishable fruits

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Let's talk about Food...

HUNGER

ONE in **EIGHT**
people worldwide

[842 MILLION]



go hungry **EVERY DAY!**

ONE in
FOUR



of the world's children **suffer from stunting.**³



EVERY
10 SECONDS,
a child dies from hunger-
related causes.²

Globally,

HUNGER
and
MALNUTRITION



are the number one risk to
health—*greater than AIDS,*
malaria, and tuberculosis
COMBINED.¹

Let's talk about Perishable Foods...

Current struggles of wasted food in Numbers

52,800,000,000

Pounds of wasted fruits/vegetables (most perishable) in the US every year” (2015, [NRDC Report](#)).

43% Are thrown away at the consumer level

30% Are discarded by farms and during distribution



25% fresh-water consumption for wasted produce

Global food loss & waste generates 4.4 Gt CO₂

10 billion people needs to be fed by 2050

6% of global greenhouse gas emissions come from food losses and waste



Emissions from food that is never eaten accounts for 6% of total emissions



Note: One-quarter of food emissions comes from food that is never eaten: 15% of food emissions from food lost in supply chains; and 9% from consumer waste.

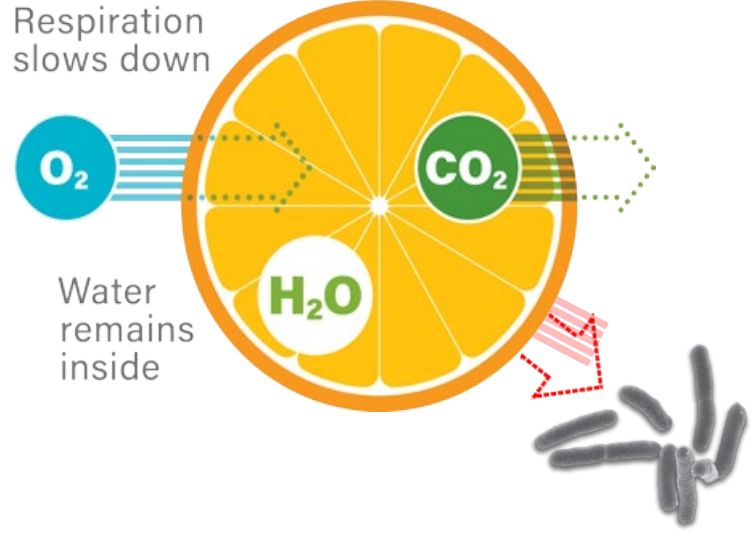
Data source: Joseph Poore & Thomas Nemecek (2018), Reducing food's environmental impacts through producers and consumers. Science.

[OurWorldinData.org](https://www.ourworldindata.org) - Research and data to make progress against the world's largest problems.

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Factor affecting Shelf Life of Fruits

Respiration slows down



- Dehydration or water loss
- Respiration rate
- Microbial attack

- Commercial wax coating prevents water loss and oxygen entrance
- Long-term health effect

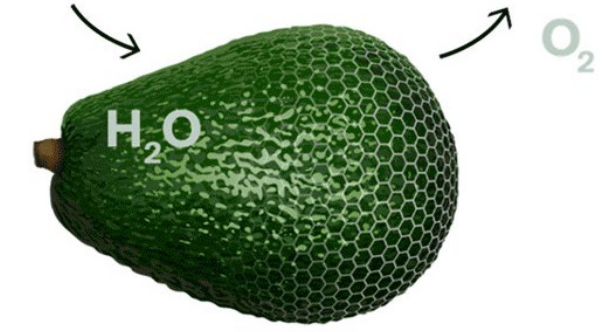


GREEN EDIBLE COATING IS NEEDED

Providing a little extra peel

MOISTURE STAYS INSIDE

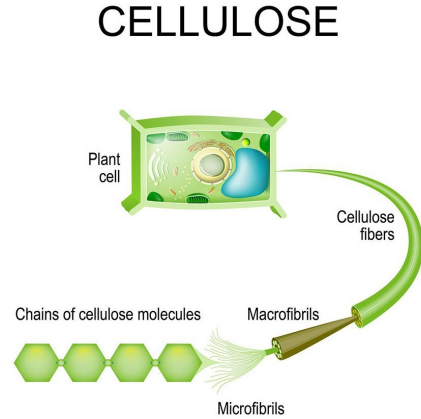
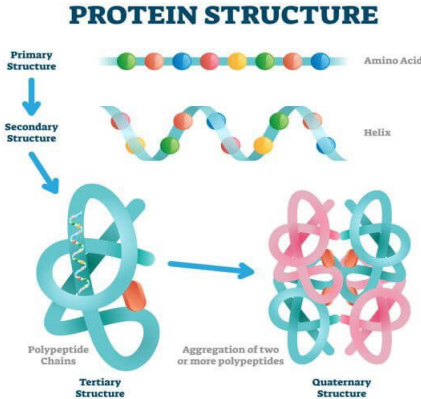
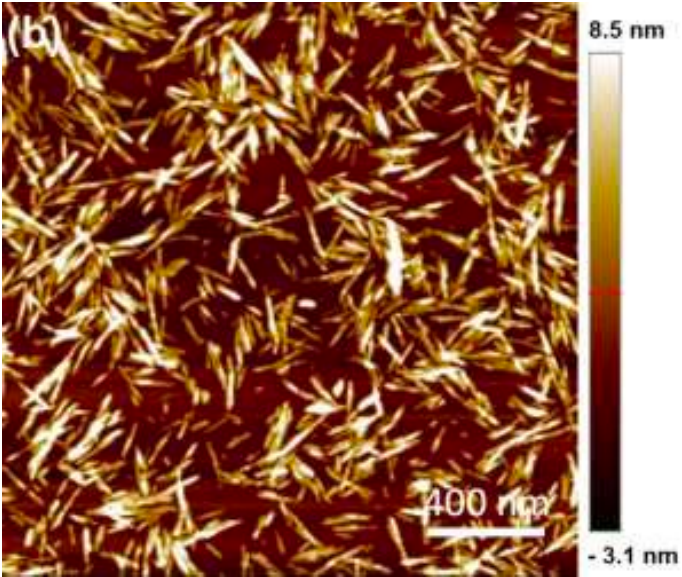
AIR STAYS OUTSIDE



Can we make A COATING from Protein- a healthier choice?

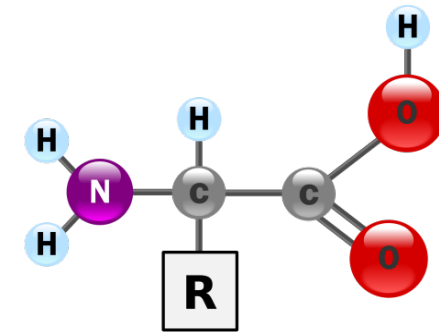
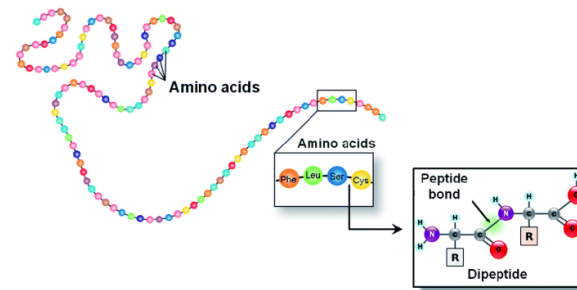
We develop A NANOCOMPOSITE COATING

- Protein (a continuous phase)
- Cellulose nanocrystals (a discontinuous phase) – increased barrier and reinforcement



Why Protein can be used instead of Wax?

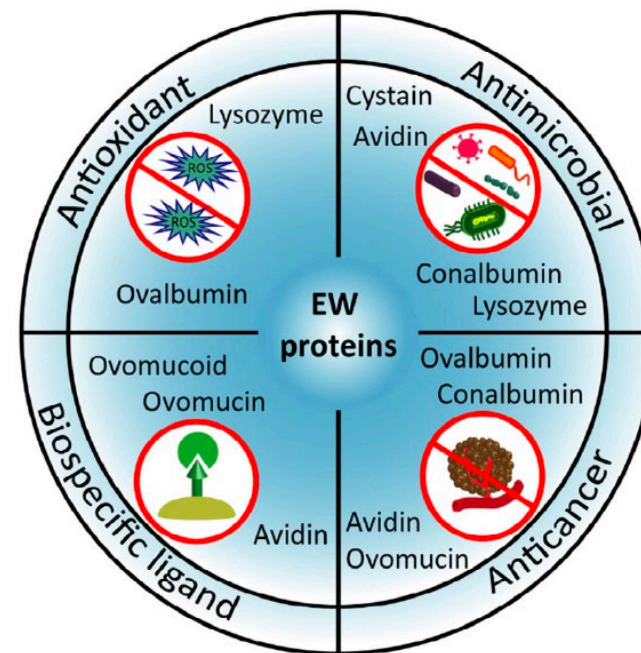
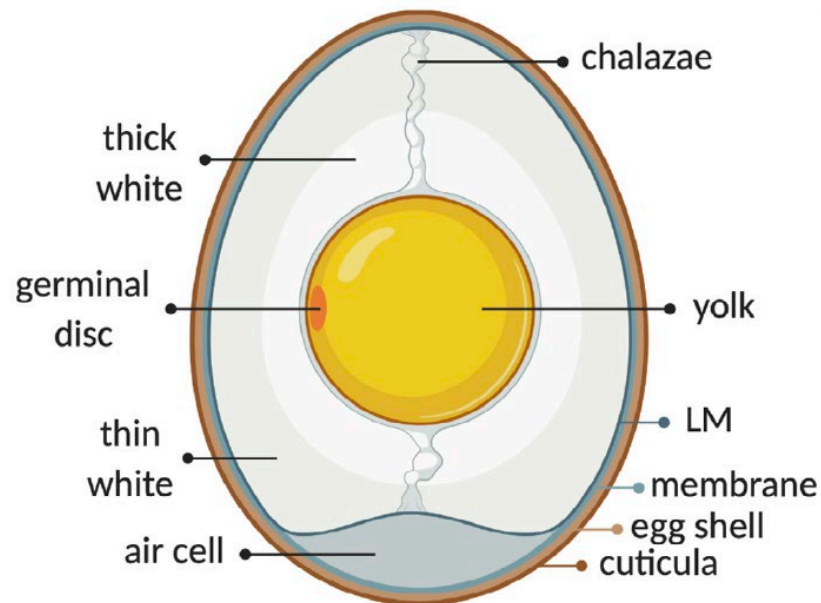
- Many of the seeds from agriculture sources are fully edible, safe, and healthy.
- These edible seeds are important sources of proteins for humans and livestock. Ex. soybean, corn, wheat etc.
- Protein form numerous intra- and intermolecular bonds due to presence of polar amino acids.



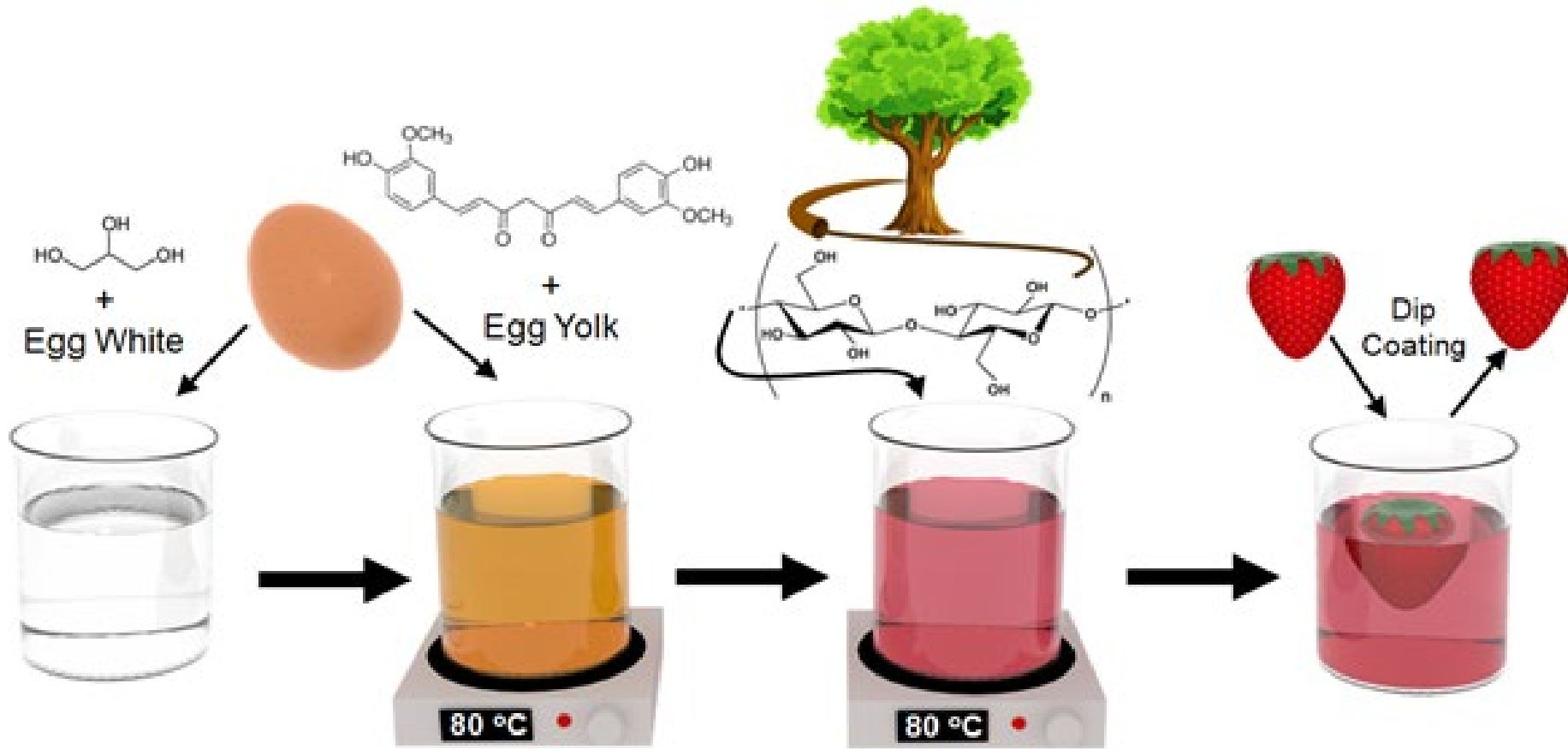
- Proteins offer a wide range of functional properties with better mechanical properties as bio-based polymers compared to wax.

Egg white Protein- Another Protein source

- Egg white, also known as “albumen”, is mainly a mixture of water (85%), proteins (10%) and carbohydrates (5%)
- Egg white is a low-cost protein. Waste eggs can be used (For example, 720 millions eggs were wasted in a year in UK)

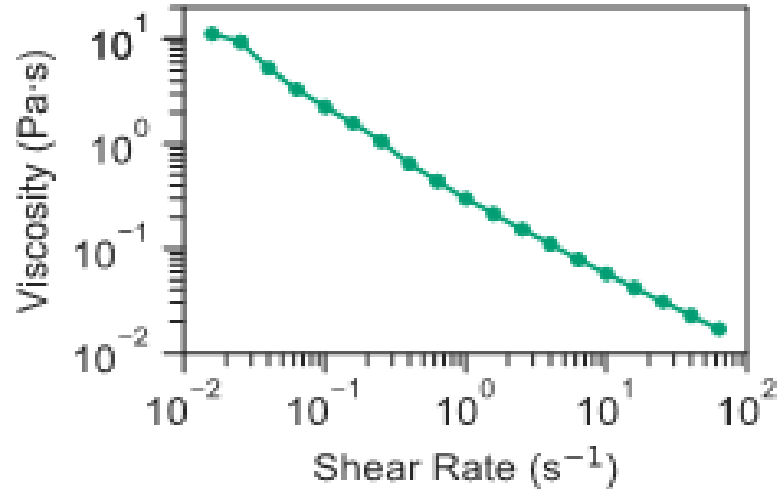


Development of Bionanocomposite



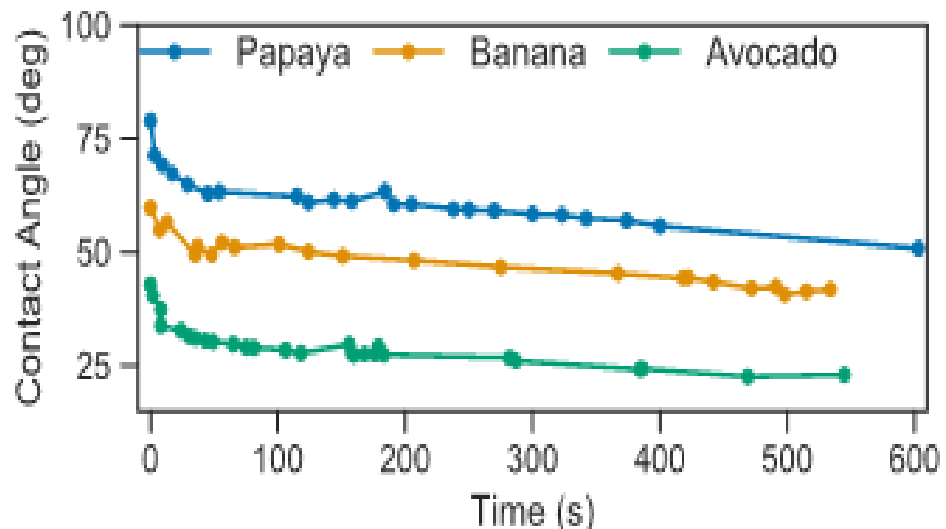
Fruit Model: Banana, Avocado, Papaya, Strawberry

Coating Rheology and adhesion



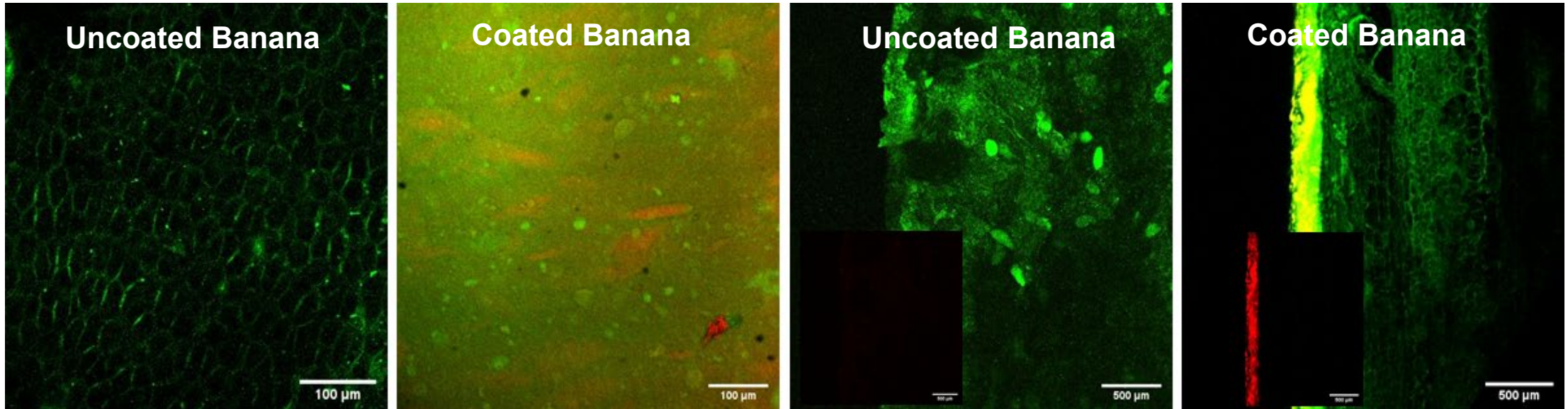
- The coating solution exhibits shear-thinning behavior and the measured viscosity at a low shear rate is around 200 Pa·s
- Nearly three orders of magnitude reduction in viscosity upon shearing. So, spray coating is also a viable coating method.

Affinity of the nanocomposite solution to fruits



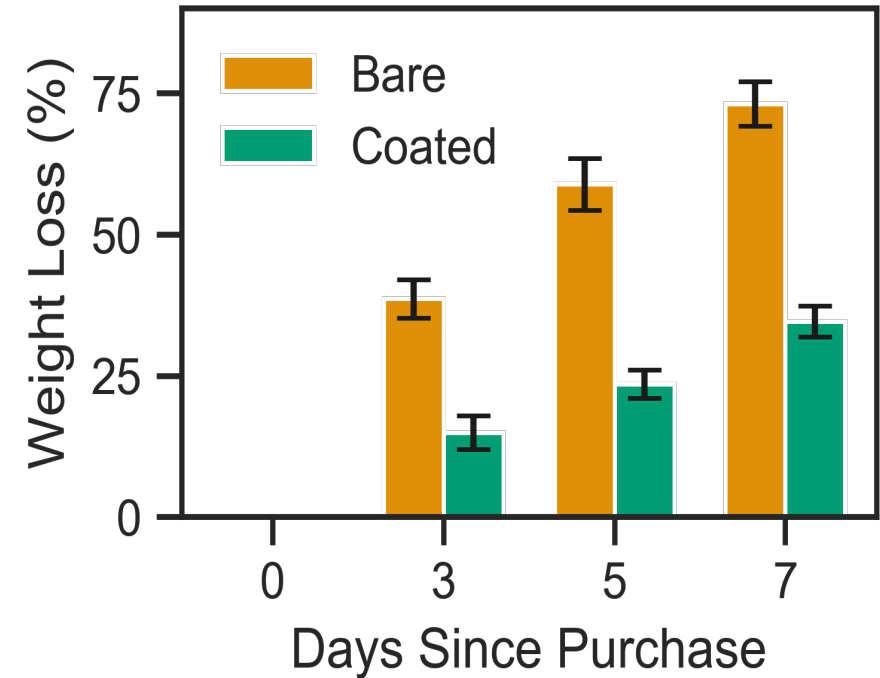
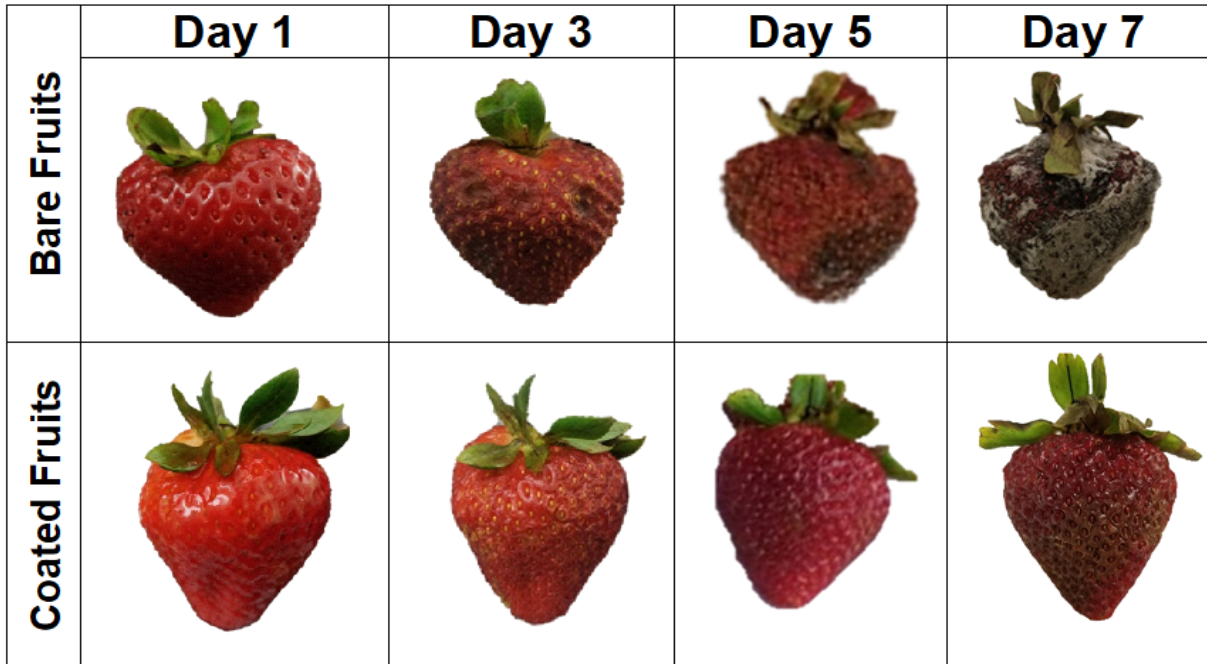
The contact angle on the avocado surface immediately after wetting with a drop was ~45° and then decreased to ~25° within 8 min. This suggests that the coating has a high affinity to spread onto the avocado surface.

Morphology and Thickness



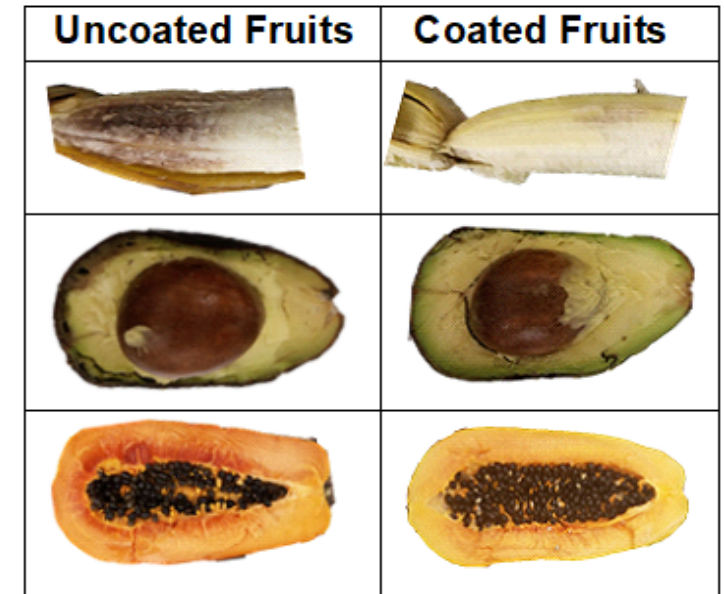
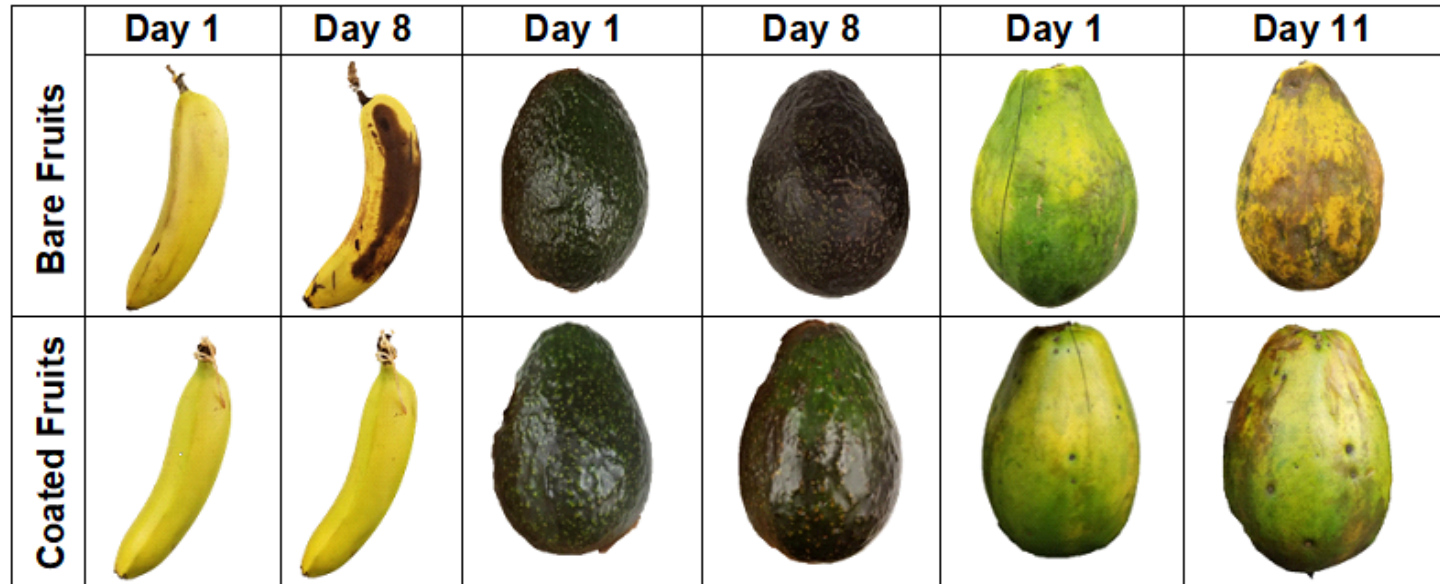
- Topology: Characteristic cell-wall morphology of the outer surface layer of the banana peel is evident through confocal microscope
- Thickness: Coating thickness varies from 20-30 microns

Time lapse behavior of fruits (Non-climacteric)

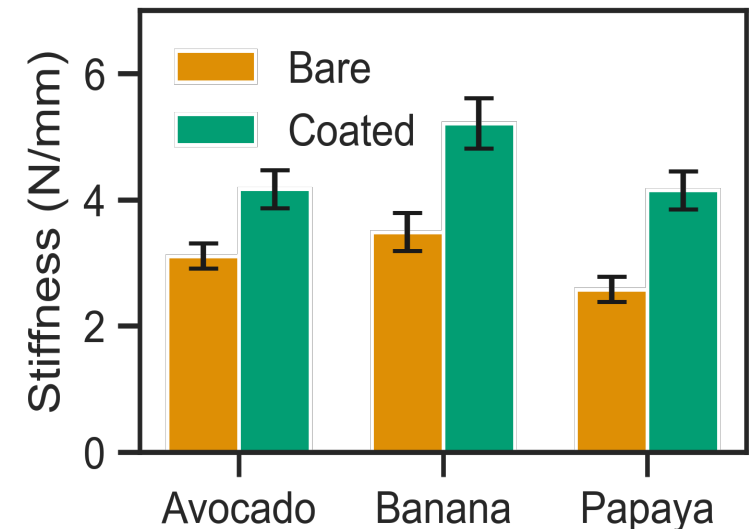


Weight of bare strawberries dropped by about 60% on the fifth-day post-purchase at room temperature, the coated strawberries retained more than 65% of the original weight after one week

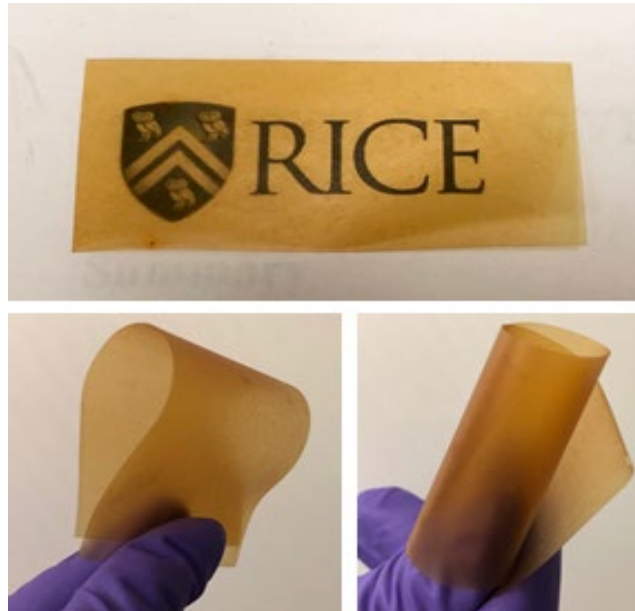
Time lapse behavior of fruits (Climacteric)



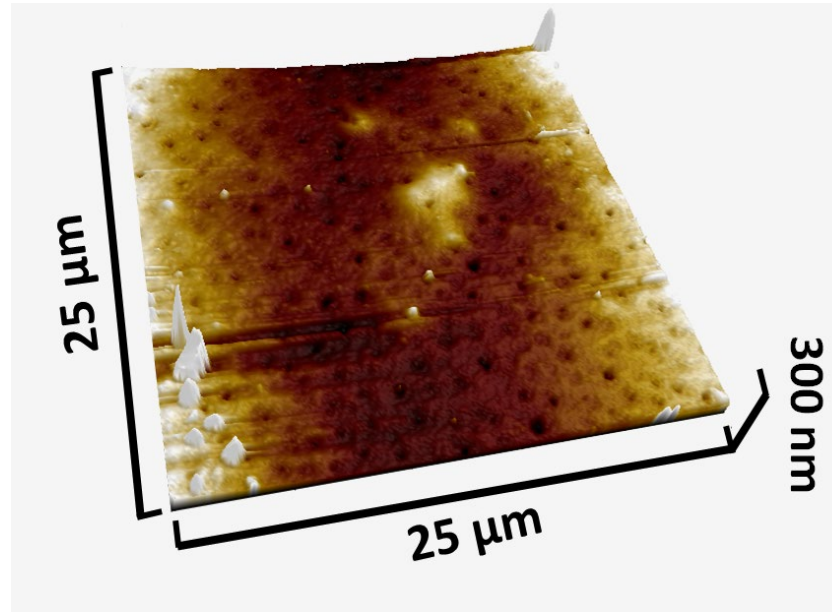
- We compared the firmness between coated and uncoated fruits 7-9 days after the fruits are received.
- As fruits over-ripen or perish, they become softer; therefore, these tests serve to provide further evidence that the coated fruits maintain their freshness longer than bare fruits.



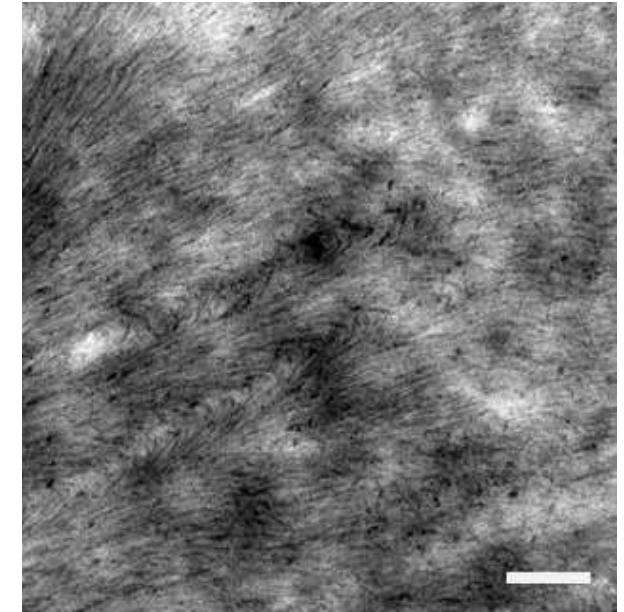
Characterization of our coating film



Topography

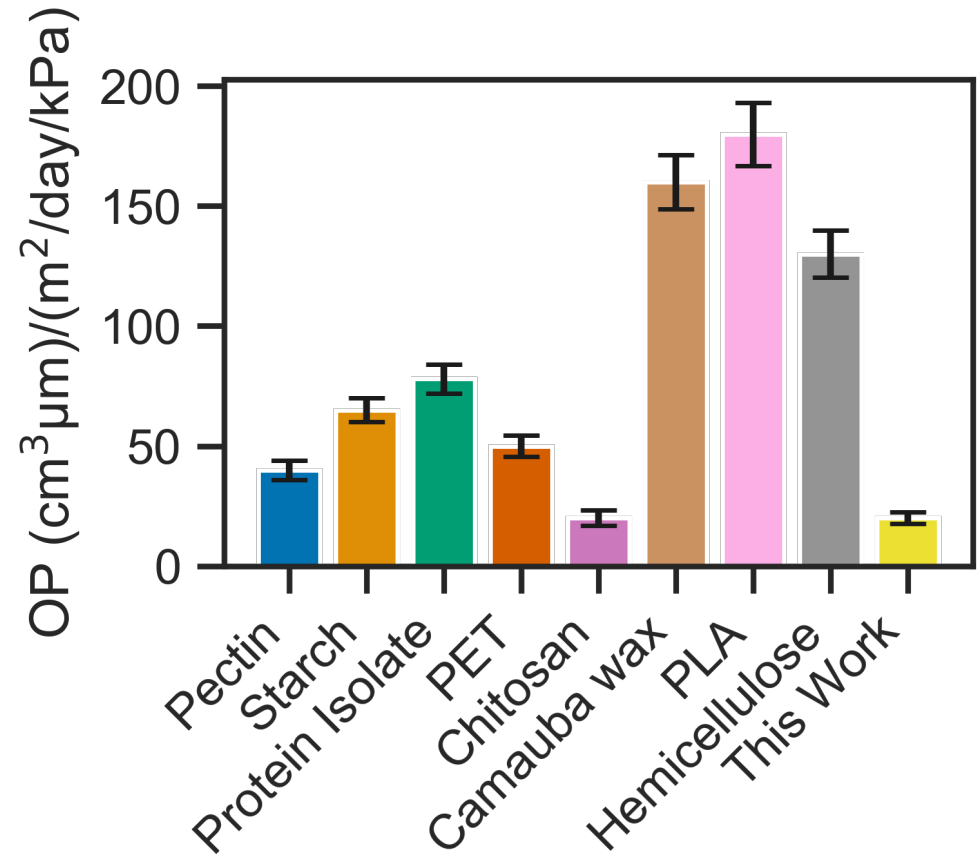
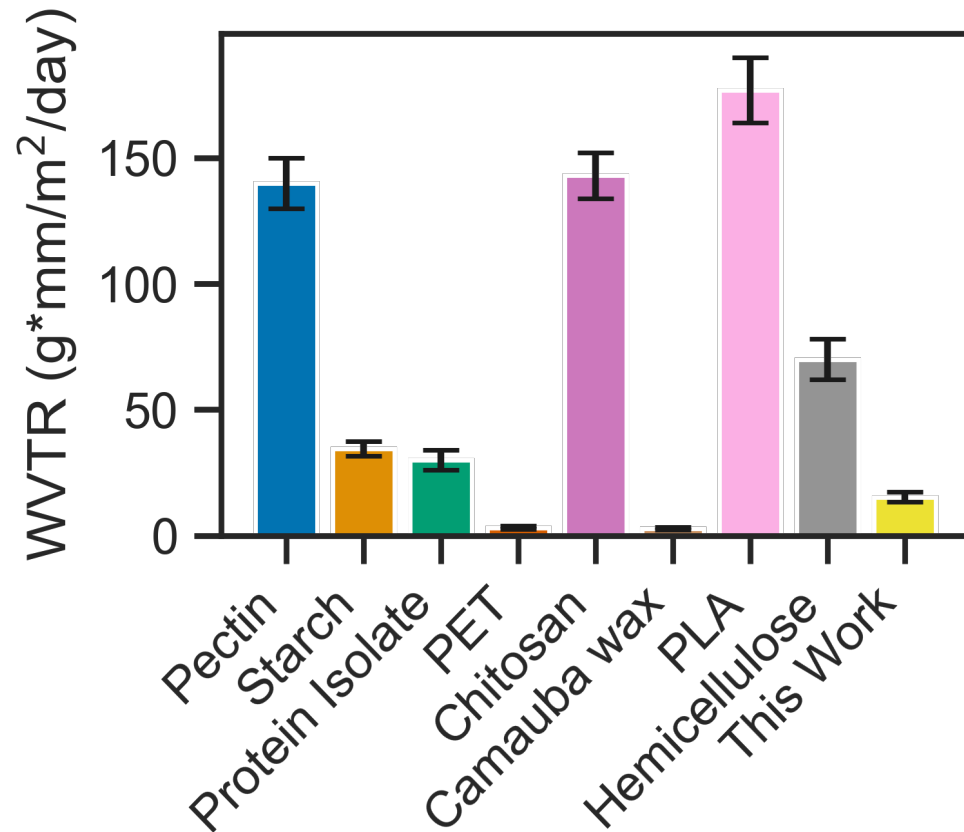


TEM

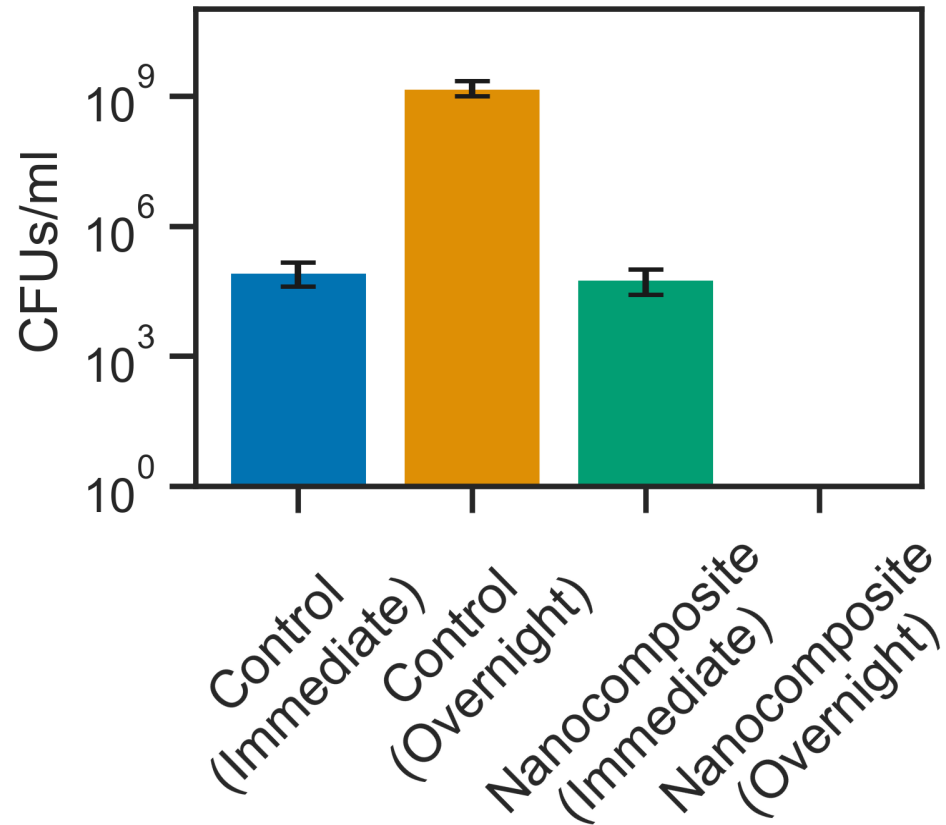


- The film is extremely flexible as it can be repeatedly bent and folded without breaking
- The Surface roughness is around 12 nm, so it is very smooth and show nice gloss compared to wax

Barrier properties of our coating film

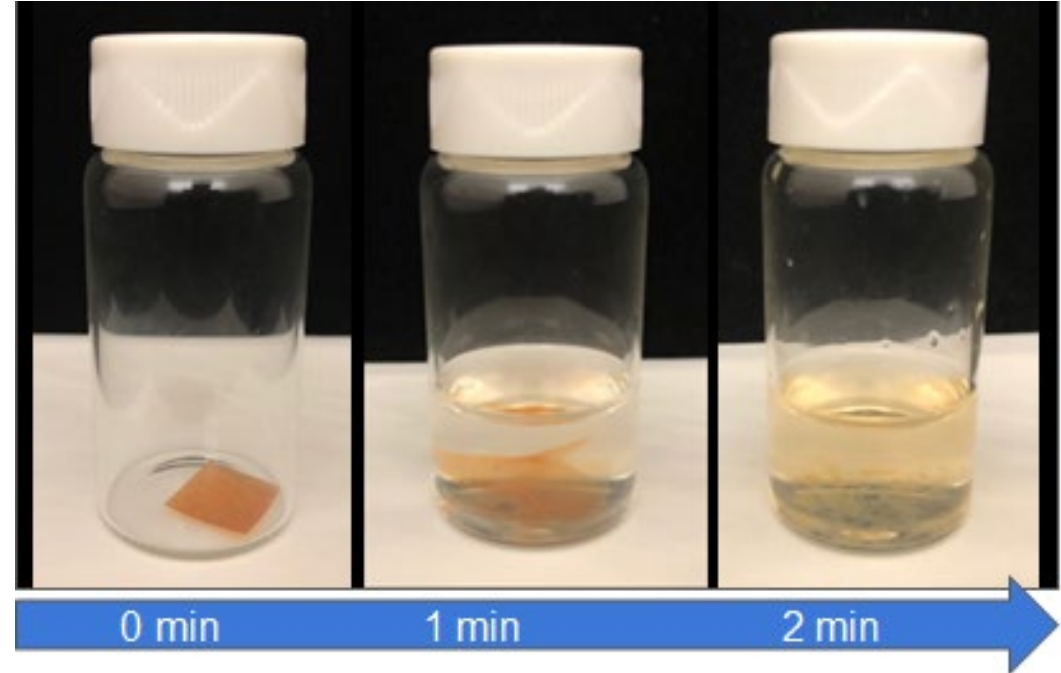
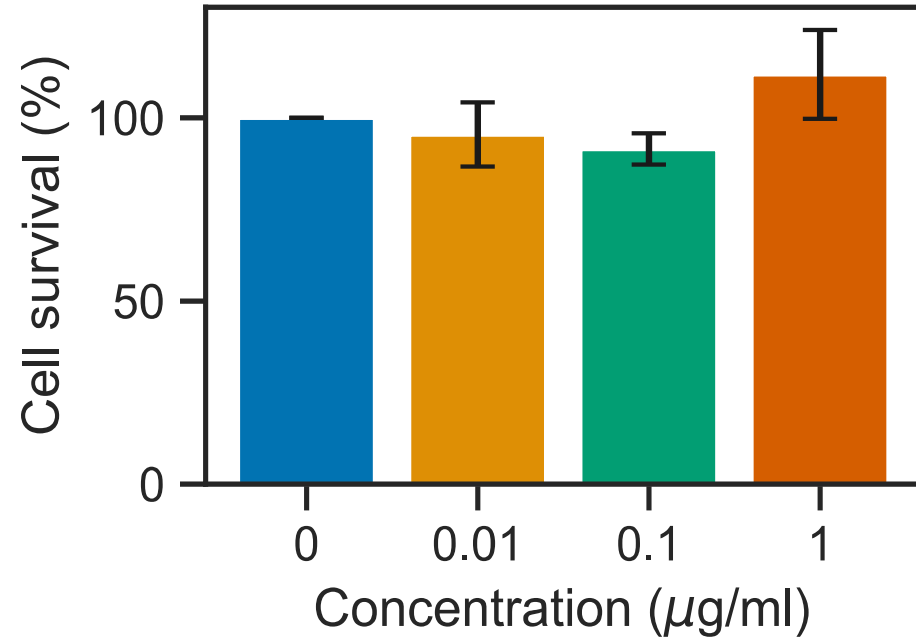


Antimicrobial properties of coating film



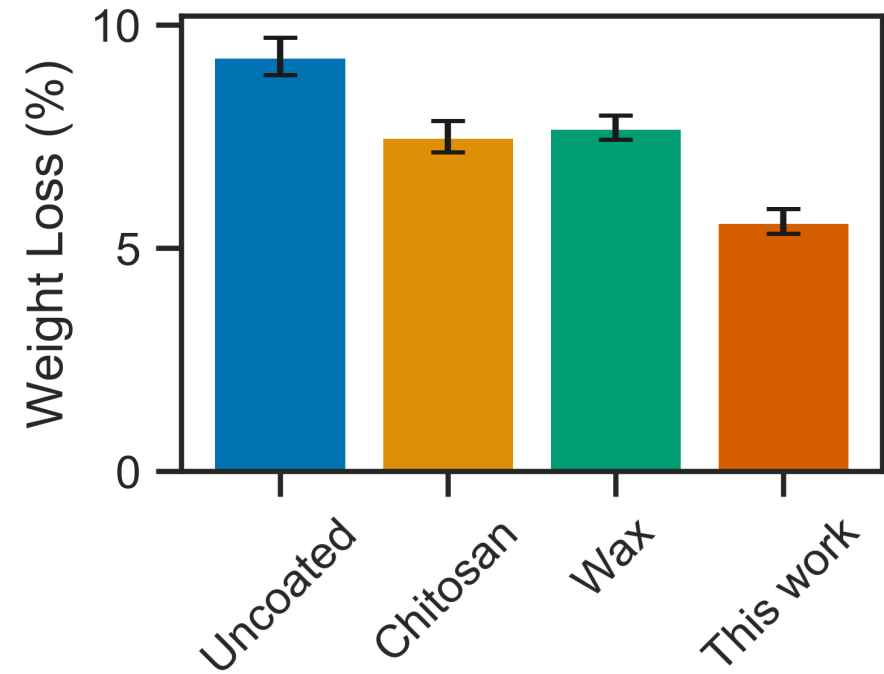
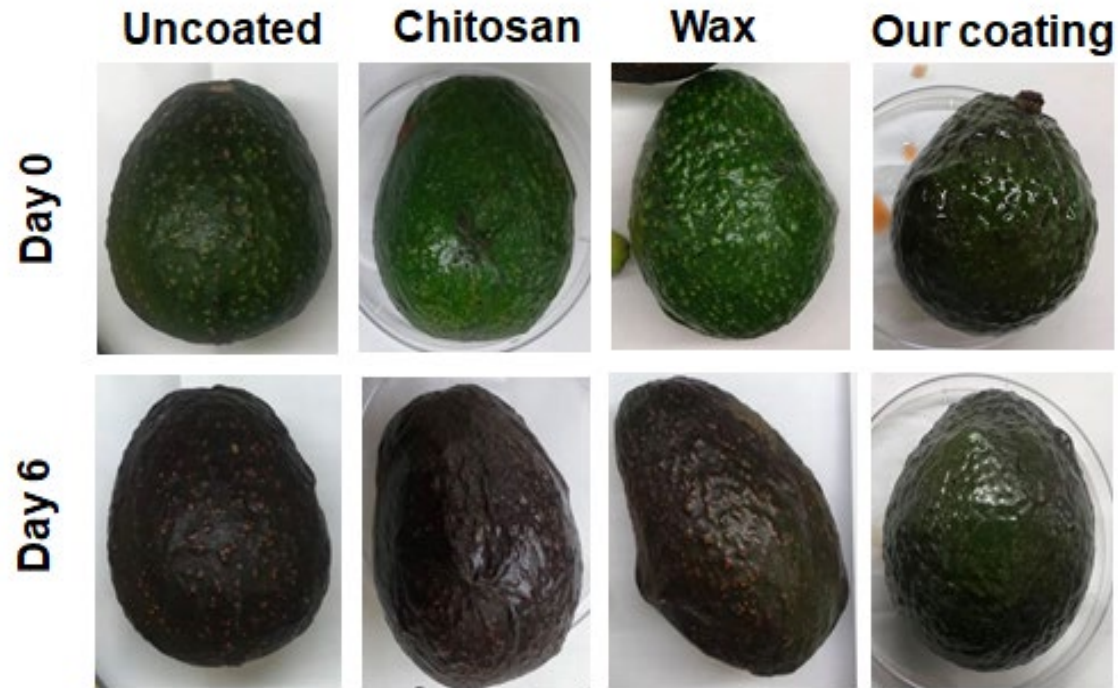
- Escherichia coli strain
- Overnight incubation on the film resulted in zero bacteria titers
- This suggests that the film is effective in eliminating bacteria growth on the surface especially when compared to the parafilm control, which showed over 10^4 times higher concentration of colony forming bacteria.

Edibility and Wash-ability of our coating

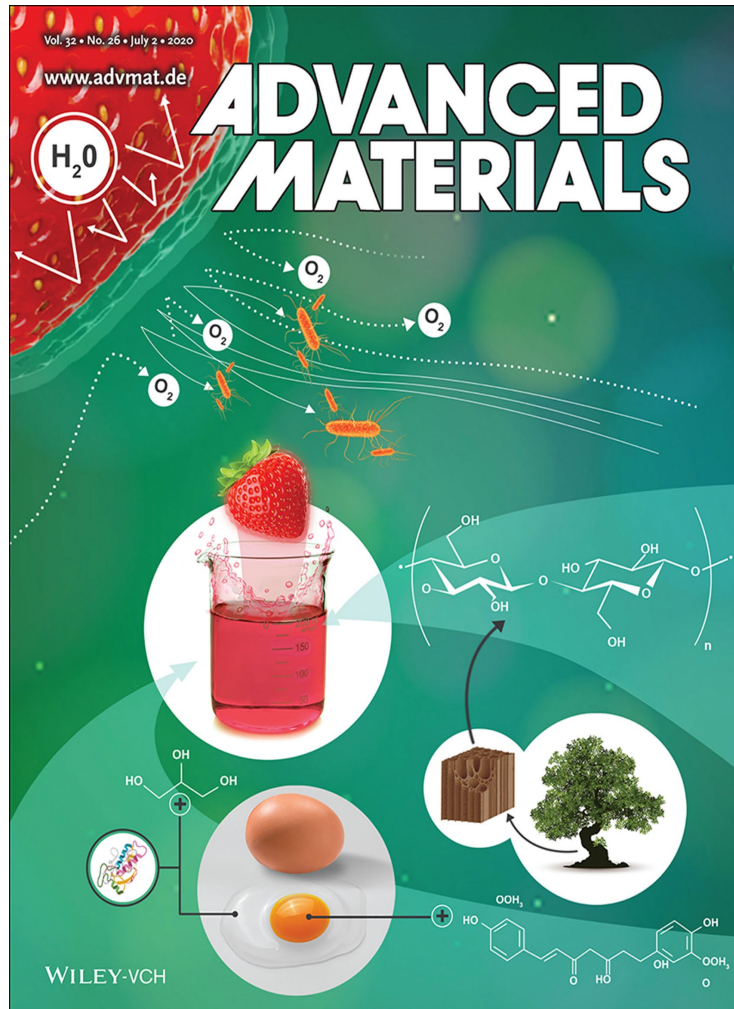


- Toxicity of the coating using in vitro studies with a human pancreatic cancer cell line (Panc02) to evaluate the edibility
- After 24 h incubation with 0.1 to 1 $\mu\text{g mL}^{-1}$ coating, there is no significant change in the Panc02 cell

Comparison with commercial coatings



Coating addressed the factors that influence the shelf life of fruits



- Decrease Dehydration or water loss
- Decrease respiration
- Increase microbial resistance

Along with those-

- It is edible
- It is washable



Sylvia and Nancy, PhD. 26, MIT

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- Nick Kotov, University of Michigan
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THANK YOU!

Think about Green

